



HENDERSON HARBOR WATER SPORTS PROGRAMS

a non-profit 501c3 educational organization

www.HHWSP.com

email: Info@HHWSP.com

Learning On and In the Water

2020

Course Offerings

Welcome Boaters, Sailors, Swimmers, STEM students!

Are you, or your family members, age 3 through Adult? With classes in NYS Safe Boating, Sailing, Swimming, STEM Camp, & Boat Handling, we hope you will find a reason to join us!

HHWSP is a non-profit 501c3 organization. All courses are open to members of the community. There is no membership requirement to participate in any of our programs.

Programs operate out of the Henderson Harbor Yacht Club, where a sailing & swimming program has been in existence for over 50 years; but, club membership is NOT a prerequisite for enrollment.

Discounts are given to families enrolling 3 or more children.

Need based scholarships are available to year round residents of Jefferson County and active duty military families.

Instructors are certified according to the curriculum they teach. US Sailing Level 1 or 2, US Powerboating, NYS Safe Boating, or NASBLA certified. Swim Staff are current Red Cross Waterfront Life Saving certified. All instructors have current CPR, First Aid, Safe Sports, & CDC concussion training.

Sailing is taught in a variety of dinghy & keelboats. Boating Handling classes are taught in our open coach boats.

For more information about courses, volunteer opportunities, donations, or sponsorship opportunities, please email info@HHWSP.com or call Mary Hoffman, Executive Director, at 410-353-3109.

COURSE DESCRIPTIONS

See calendar for course dates

NYS Safe Boating **\$10 facility fee**
ages 10 years - adult **min. 8 - max. 30 students**
8 hours classroom instruction plus exam
2 day course or 4 afternoon course (recommended for youth)

NYS requires anyone born on or after 1/1/1993, who operates a power driven vessel, and anyone age 14 or older who operates a PWC to successfully complete this, or a similar approved course. There is a NYS fee for processing adult paperwork & adding icons to driver's licenses. Textbooks may be accessed on-line at NYS website, or from the instructor.

Boat Handling Under Power **Tuition & Materials \$100**
ages 10 years - adult
min. 3
Dates & times by arrangement with instructor

In an emergency, could you take control of the vessel you are on? Can you dock, anchor, recover someone who has fallen over? If not, this course is for you. Learn by doing. Taught in our open coach boats. 8 hours divided between classroom and on the water. Must have NYS Boating Safety certificate if born after 1996.

PB&J Sailing **Tuition: \$75**
ages 4 - 9 years
Min. 6 - max. 20 students accompanied by a parent
4 session course - see calendar for dates
10 am - 12 noon

A introductory 'Learn to Sail' class, with 3 rules — Have fun! Wear a PFD! Listen to the coaches! —that keeps things very simple. The goal is to get kids comfortable on the water and familiarize them with the most basic concepts of sailing. Parents learn along with kids, and help set up and breakdown boats. Depending on skills & desire, parents can also help with coaching.

Sea Squirts

Tuition: \$200

ages 5 - 9 years

min. 6 - max. 12 students

**6 week session - may join class, with prior approval, after 2nd week
Tuesday & Thursdays 10 am - 12 noon OR 1-3 pm**

Introduction to sailing with emphasis on safety and fun. Students must be comfortable in the water & able to swim wearing a life jacket. Basic sailing fundamentals are introduced through games and activities. Students double up in boats until confidence and skill levels are determined to warrant solo sailing. Course may be repeated as recommended by staff.

Basic Sailing & Advanced Sailing

Tuition: \$410

ages 10 - 18

min. 6 students - max. 20 students

6 week session 9am - 3 pm

may join class, with prior approval, after 2nd week

Basic Sailing - Monday & Wednesday

Advanced Sailing - Tuesday & Thursday

Taught using US Sailing curriculum. Emphasis on safety and fun. Classes are taught mainly in age and size appropriate dinghies. Curriculum will include a variety of adventure sailing and fun sailing activities. Keel boats will be introduced. Concepts are introduced and practiced on land and on the water. Advancement is based upon demonstrated skill level as determined by US Sailing standards. Must be comfortable in the water and able to swim in a life jacket. Students in these class are welcome to participate in Friday Night Junior Fun Racing. Tuition includes an individual youth membership in US Sailing and access to the US Sailing evaluation App.

Adult Sailing

Tuition: \$200

ages 18 and up

min. 4 students - max. 12 students

6 week session

Mondays and Wednesdays from 5 - 7 pm

Learn to sail, or enhance skills. You progress at your own pace. No experience needed. Swim and capsized tests are required. Students should be comfortable in the water and be able to swim with a life jacket on. Course may be repeated indefinitely.

Race Program

Base Tuition: \$550

ages 10 - 18

6 week session

**Monday through Thursday from 9 am - 3 pm
Friday evening and Interclub racing expected.**

Racing rules and techniques are introduced and practiced. Commitment by both student and parent/guardian is required. Opti parents are required to transport boats and students (unless prior arrangements are made with other program parents). 420 program parents, with appropriate vehicles, are asked to help transport boats & students. See attached calendar for Interclub locations and dates. Centrals Regattas and Junior Olympics require additional fees & for participants, parents, and coaches to either tent or stay at a hotel. Need based scholarships available for these events. Tuition includes individual youth membership in US Sailing and access to the US Sailing evaluation App.

Pre-Season Sailing

Tuition: \$150

ages 10 - 18

min. 6 students - max. 20 students

1 week session see calendar for dates

Monday, Tuesday, Wednesday, Thursday from 9 am - 3 pm

Great way to 'Try Sailing' or brush up skills!

Open to students of all ability levels. Students will learn or review sailing basics through a variety of skills building activities and games. Advanced students are expected to take on leadership roles.

Students must be comfortable in the water & be able to swim in a life jacket.

STEM Camps for Kids

Tuition: \$150 or \$30 week

Elementary Camp - ages 7 - 11

Monday & Wednesday from 3:15 - 4:45 pm

Middle - High School Camp - ages 12 - 17

Tuesday & Thursday from 3:15 - 4:45 pm

min. 5 students - max. 15 students

Hands on exploration of Science, Technology, Engineering, Math as relate to the marine and boating environments. Build, create, explore, collaborate. Subjects can include: our impact on the environment; sailors & science; microscopic mysteries; extreme weather; geology of our Lake; and more.

Swimming Programs

ages 3 years and up
max. class size 8
Monday & Wednesday

Tuition: \$80

Classes are taught in Henderson Harbor, by a qualified instructor with a certified lifeguard present. Classes meet twice weekly on Mondays and Wednesdays. Parents of students in Level 1 must remain on-site at the swimming area. Levels 1 and 2 meet for 30 minutes per session. Levels 3 and higher meet for 45 minutes per session.

Level 1: Water Exploration: 10 - 10:30 am
Level 2: Primary Skills: 10:45 am - 11:15 pm
Level 3: Stroke Readiness: 11:30 - 12:15 pm
Level 4: Stroke Development: 12:45 - 1:30 pm
Level 5: Stroke Refinement: 1:45 - 2:30 pm
Level 6 & 7: Advanced Swim: 2:45 - 3:15 pm

Social Events held during the 6 week program include:

Family Sail Nights, Fun Races, SS Movie & Pizza Night, Annual Benefit Auction & Dinner, Long Distance Sail & Overnight, Build-a-Boat Race, & Awards Program cookout.

Payments: Tuition, for 6 week programs must be paid in full by start of programs. Families enrolling 3 or more children receive a 10% discount.

Scholarships: are available, based on financial need, to qualifying year round Jefferson County residents & active duty military families. For info and forms, e-mail info@hhwsp.com, or call the Executive Director: 410-353-3109

Registration is first come, first served. Please complete the attached form and return with a check for at least \$50. NYS Safe Boating registrants pay fee of \$10 per person. All fees must be paid by the start of programs.

POLICIES

- ~ Full day programs: NO ARRIVALS AFTER 10 AM
- ~ Students walking, or riding bikes need permission letter from parents.
- ~ Students arriving by boat must have permission of program director.
- ~ Students must stay until their boat is properly derived and stowed.

DRESS CODE: Students without required items may not be allowed to participate in class.

SAIL & BOATING OPERATIONS STUDENTS MUST HAVE:

- **USCG approved, correct size, PFD, (NOT INFLATABLE).
- **Whistle, plastic preferred, on a lanyard attached to PFD.
- **Closed toe and heel, positive closure, non-skid footwear. (bring a spare pair of dry shoes to wear at lunch).
- **Clothing that allows for ease of movement without getting caught in rigging
- **Rain jacket or windbreaker
- **Sunscreen applied, 20 minutes prior to class, & brought to class to reapply
- ** Hats and sunglasses with floating 'leashes' are recommended
- **Refillable Water Bottle

SAIL STUDENTS

- ** Helmets required at the discretion of staff, HHWSP has some loaners

SWIM STUDENTS

- ** Water shoes, that fit.
- ** Long hair must be tied back or put up.

ALL STUDENTS

- **Bikinis are NOT recommended.
- ** A dry change of clothing is recommended.
- ** Bath or Beach Towels are recommended.
- ** Cell phones & electronic devices are to be stowed & used only, with staff permission) to contact parents. Staff will collect devices being used for any reason & will be returned, to parent/guardian, at end of day.

CLASS OBSERVATION

Parents, family members, & care givers are welcome to enjoy the beautiful HHYC grounds and clubhouse during class times. Parents of Level 1 swimmers and PB&J Sailing are required to be present during the classes.

LUNCHES

Students must provide their own lunches. Notice will be given if lunches are available. Students are not allowed to leave premises during the lunch break.

STUDENT ABSENCE

We count on your student being present. In case of illness, or absence, PLEASE notify an instructor or the program director as soon as possible.

STORMS & RAIN DAYS:

~ In case of rain, classes will be held. Rainy day activities include STEM activities, crafts, sailing movies/videos, games, and the like. If you make the decision to keep a student home on a rainy day, **please** let us know!
~ At the first signs of storms, swim areas will be immediately cleared and sailors will immediately return to shore, or not venture out. Students will engage in inside activities until the weather has cleared, or class time has ended.

IN CASE OF AN ACCIDENT:

~ In the event a student is injured, they will be brought to JYC, by a staff member. Injuries will be assessed. If minor, basic first aid (cleansing of cut or scrapes) will be administered. Parents will be informed at end of day.

~ If a concussion is suspected, parents will be called, student must be picked up, and seen by medical professionals before returning to class.

~ In the unlikely event of serious injury, staff will call 911 & parents.

Appropriate first aid, CPR or AED will commence until arrival of EMS.

DISMISSAL OF STUDENTS:

The executive & program directors reserve the right to dismiss any student for behavioral problems, bullying, use of profanity, intentional damage to property, non-payment of fees, or failure to abide by program policies.

STUDENT PICK-UP

~ **No pick-ups during on the water time.**

~ If anyone other than a parent is picking up a student, HHWSP must have a written note, from the parent, stating who the appointed pick-up person is.

THAT PERSON MUST BE ABLE TO PROVIDE IDENTIFICATION. For car-pooling, parent must provide a written note, stating who and when is providing transportation. STUDENTS WILL NOT BE RELEASED TO ANYONE WHO IS NOT APPOINTED (THROUGH WRITING) TO COLLECT A STUDENT OR ANYONE NOT ABLE TO PROVIDE ID.

~ Learning to take care of, and store, equipment properly is a vital component of programs. Time is allowed for students to clean & stow equipment. Any student not completing clean up & stowing tasks as directed by staff, is required to stay until those jobs are properly completed.

HHWSP - CALENDAR 2020

June 19/20	NYS Safe Boating	Fri 5-8 pm, Sat 9 am - 3
June 27	Try Sailing -- 2 hour intro -- no fee, donations accepted -- reservations required. Sessions starting at 10 am, 1 pm	
June 27	On Site Registration	9 am - 3 pm
June 29-July 2	PreSeason Sailing & PBJ Sailing	See Brochure
July 4	On Site Registration	9 am - 1 pm
July 5	Parent Orientation	7 pm
July 6	6 week programs begin	
July 10	Interclub - 420/Laser/Opti — Sodus	
July 10	Friday Night Racing	4:30 Rigging
July 11 - 12	Centrals Regatta — Sodus	
July 14	Sea Squirts Movie Night	
July 15	Interclub - 420/Laser/Opti — Fairhaven	
July 17	Friday Night Racing	4:30 Rigging
July 17 - 19	Lightning CNY Districts Regatta	
July 21 - 22	Interclub Jr. CanAm Regatta Youngstown YC	
July 24	Friday Night Racing	4:30 Rigging
July 25	HHWSP Auction & Gala	
July 28/29	Interclub Racing Willowbank	
July 31	Interclub Racing Rochester YC	
July 31	Friday Night Racing	4:30 Rigging
August 1/2	Junior Olympics Rochester YC	
August 4	McPherson Cup Regatta 420/Laser Ithaca YC	
August 4	Interclub Opti Ithaca YC	
August 6-9	CORK Regatta Kingston, ON	
August 6/7	Long Distance Sail and Overnight	
August 7	Build-a-Boat Challenge	3 pm
August 7	Friday Night Racing	4:30 Rigging
August 11	Interclub 420/Laser/Opti. HHWSP	
August 12	Interclub 420/Laser/Opti TI Park	
August 14	Friday Night Racing	4:30 Rigging
August 16	Awards Dinner	5 pm

STUDENT REGISTRATION FORM

if registering more than one student please number students and information within each category.

The full set of required registration forms can be found on website.

Return to HHWSP - Box 405 ~ Henderson Harbor, NY 13651
Include a non-refundable check, made payable to HHWSP, for \$50
Safe Boating Registrants include a \$10 check

An invoice will be sent upon receipt of this form.
All fees must be paid by the start of programs.

Full set of required forms can be found on our website

STUDENT NAME(s): _____

Date of Birth: _____ Height: _____ Weight: _____ Sex: M/F

Custodial Parent Name(s): _____

Non-Custodial Parent Name(s): _____

Home Address: _____

Home Phone: _____ Local Phone: _____

MOM Cell: _____ e-mail: _____

DAD Cell: _____ e-mail: _____

Local Address: _____

Course(s) Attending: _____

HHWSP reserves the right to make the final decision, on class enrollment, based upon skill level & Class Standards as recommended by US Sailing, USODA, & Club 420 Association.